

About your children's school meals

We are Eat Culture Education Catering, the caterer at your school and the largest school meals provider in Nottingham City.

Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Dietary Requirements and Allergens

Special diets are important to us. We work with each school to ensure the special diet process is effective, reassuring you that pupils with allergies or intolerances can eat safely with us.

Free School Meals

Free School Meals can save parents up to £437 per year*. School meals are free for primary school children in reception, year 1 and year 2. Ask for Free School Meals at your school office.

*the saving is based on a cost of £2.30 per day for school meals over 38 weeks of the school year.



Our Food

We've been awarded Bronze Food for Life Awards showing that:


- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced and also low in fat, sugar and salt



British Food Fortnight!

We love British food! It's tasty, fresh and locally grown. Most of the food on our menu comes from British farms. More details about British Food Fortnight are coming soon!

Week: 1
Date: Sept 4th & 25th, Oct 16th, Nov 20th
Dec 11th, Jan 15th Feb 5th

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Stanstead

Monday

Tuesday

Wednesday

Thursday

Friday

Italian Veggie Meatballs with Tagliatelle Broccoli

Jacket Potato & Beans & Cheese

Fish Fingers Chips & Peas

Fishless Finger wrap with Chips & Peas

Roast Chicken & Stuffing with gravy Boiled Potatoes Vegetable Medley

Quorn Roast Boiled Potatoes Vegetable Medley

Cheese & Tomato Panini with Vegetable Medley

Mince Beef Pie Mashed Potato & gravy. Carrots

Veggie Sausage Mashed Potato & gravy. Carrots

Cheese & Tomato Pizza Potato Wedges Carrot Sticks or Sweetcorn

Pasta with Arrabiata sauce topped with grated Cheese Baguette slice Carrot Sticks or Sweetcorn

Chocolate Muffin Milk

Fresh Fruit Salad

Fruit Muffin Milk

Fresh Fruit Salad

Angel Mousse & fruit

Fresh Fruit Salad

Oaty Lemon Slice Custard

Fresh Fruit Salad

Shortbread Cookie

Fresh Fruit Salad




Main

Dessert



Week: 2
Date: Sept 11th, Oct 2nd, Nov 6th & 27th
Dec 18th - Jan 5th, Jan 22nd

Stanstead

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Monday

Tuesday

Wednesday

Thursday

Friday



Main

Jacket Potato
Baked Beans
Cheese
Served with salad

Fish portion
Chips
Peas

Roast Beef & Yorkshire
Gravy
Mashed Potatoes
Vegetable Medley

Sausage & Gravy
Mashed Potato
Sweetcorn

Cheese & Tomato
Pizza Potato
Wedges
Carrot Sticks or
Sweetcorn

Cheese Snack
Baked Beans
Boiled or Mashed
Potatoes
Salad

Quorn Burrito
Chips
Peas

Quorn Roast &
Yorkshire Pudding
Mashed Potatoes
Vegetable Medley

Veggie Mince Roll
Gravy
Mashed Potato
Sweetcorn

Pasta with Tomato
& Basil sauce
topped with grated
Cheese
Baguette Slice
Carrots

Cheese & Tomato
Panini
Coleslaw

Jacket Potato with
Tuna Mayo
Salad

Dessert

Flapjack
Raisins

Chocolate Brownie
Milk

Banana loaf

Ice Cream & Fruit

Oaty Apricot cookie

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



Week: 3

Date: Sept 18th, October 9th, Nov 13th, Dec 4th,
Jan 8th & 29th

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools. ✓ = Vegetarian

For Allergen information please ask a member of the catering team.

Stanstead



Monday

Tuesday

Wednesday

Thursday

Friday



Main

Smokey BBQ Quorn
Jacket Potato Hedgehog
Carrots

Fish fingers
Mashed Potatoes
Baked Beans

Roast Pork
Stuffing & gravy
Roast Potatoes
Vegetable Medley

Chicken Fried Rice
Carrots & Peas

Cheese & Tomato
Pizza
Potato Wedges
Carrot Sticks or
salad

Jacket potato with
Cheese & Salad

Veggie Sausage
Mashed Potatoes
Baked Beans

Quorn Roast
Stuffing & Gravy
Roast Potatoes
Vegetable Medley

Veggie Lasagne
Baguette Slice
Carrots & Peas

Pasta with Tomato &
Mascarpone Sauce,
Baguette Slice
Carrot Sticks or
salad

Cheese & Tomato
Panini
Vegetables

Jacket potato &
Tuna Mayonnaise
Salad

Dessert

Apple Muffin

Chocolate Crunchies
Milk

Fruit yoghurt &
Shortbread round

Fruits of the Forest
Crumble with
Custard

Cornflake Tart

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

